

ການລອກແບບຮອບວຽນຕະຫຼອດຊີວິດ



Translated versions of the Lifetime Spiral available at api-gbv.org. January 2002. Revised 2023.

ຈາກການທຳແທ້ງດັກນ້ອຍເພດຍິງໄປເຖິງການຄາດຕະກຳຂອງເພື່ອສະໜິດ, ດັກນ້ອຍ ແລະ ແມ່ຍິງອາດຈະພົບກັບການຂົ່ມເຫັງຫຼາຍຢ່າງໃນໄວເປັນແອນນ້ອຍ, ດັກນ້ອຍ, ໄວລຸ້ນ, ຜູ້ໃຫຍ່ ແລະ ຜູ້ຮຸ້ງອາຍຸ. ບາງຢ່າງເຫຼົ່ານີ້ຖືກຈຳກັດຢູ່ໃນຂັ້ນຕອນດຽວໃນວົງຈອນຊີວິດ, ບາງອັນສືບຕໍ່ເຂົ້າໄປໃນຂັ້ນຕອນຕໍ່ໄປ.

ຮອບວຽນຕະຫຼອດຊີວິດເປັນເລື່ອງຮູບແບບຂອງການຕົກເປັນເຫຼືອໂດຍການຈຳແນກປະເພດຂອງຄວາມຮຸນແຮງ, ຄວາມອ່ອນແອ ແລະ ເປັນອັນຕະລາຍຕໍ່ແມ່ຍິງ ແລະ ດັກນ້ອຍ. ມັນຍັງສະແດງໃຫ້ເຫັນເຖິງການປະກົດຕົວຂອງຜູ້ລ່ວງລະເມີດທີ່ແຕກຕ່າງກັນທີ່ຢູ່ຕະຫຼອດຊີວິດ. ແມ່ຍິງອາດຈະກັກອາຫານທີ່ມີທາດບຳລຸງສຳລັບດັກນ້ອຍຍິງ, ອ້າຍອາດຈະຂົ່ມເຫັງຮ່ວມເພດກັບນ້ອງ, ພະນັກບວດອາດຈະລວນລາມດັກນ້ອຍໄວລຸ້ນ, ພໍ່ອາດຈະບັງຄັບໃຫ້ແຕ່ງງານ, ນັກສຶກສາວິທະຍາໄລອາດຈະນັດເພື່ອນຮ່ວມຫ້ອງຮຽນໄປເພື່ອຂົ່ມຂືນ, ເພື່ອນຮ່ວມງານອາດຈະເຂົ້າຮ່ວມການລ່ວງລະເມີດທາງເພດ, ຜົວອາດຈະຂົ່ມເຫັງເມຍໃນລະຫວ່າງການຖືພາ, ອ້າຍເຂີຍ/ນ້ອງເຂີຍ ຫຼື ເອື້ອຍ/ນ້ອງໄພ່ອາດຈະສະກົດຮອຍ, ຄອບຄົວອາດຈະມີດຽບ ຫຼື ອັບອາຍ, ຊຸມຊົນອາດຈະກົດກັນຄົນມັກເພດດຽວກັນ, ແຜນເກົ່າອາດຈະຂ້າ.

ນອກເໜືອຈາກການລ່ວງລະເມີດທາງດ້ານຮ່າງກາຍ, ທາງເພດ, ທາງດ້ານເສດຖະກິດ ແລະ ຈິດໃຈ; ຄວາມຮຸນແຮງແມ່ນກ່ຽວກັບການດຳລົງຊີວິດຢູ່ໃນສະພາບຂອງຄວາມຍ້ານກົວ, ຄວາມອັບອາຍ, ການຄວບຄຸມບັງຄັບ ແລະ ການຫຼຸດຄ່າ. ມັນມັກຈະປະສົບໃນສະພາບການຂອງການກົດຂີ່ເພີ່ມເຕີມໂດຍອົງຕາມເຊື້ອຊາດ, ຊົນເຜົ່າ, ອາຍຸ, ຄວາມນິຍົມທາງເພດ, ລັກສະນະທາງເພດ, ປະເພດຂອງແຮງງານທີ່ປະຕິບັດ, ລະດັບການສຶກສາ, ຖານະຊົນຊັ້ນ, ຄວາມພິການ ແລະ ສະຖານະພາບການເຂົ້າເມືອງ ຫຼື ຜູ້ລົ້ນ. ການປູກຈິດສຳນຶກກ່ຽວກັບລັກສະນະປະຫວັດສາດຂອງຄວາມຮຸນແຮງທາງເພດແມ່ນປະເຊີນກັບການດຳນິຕິດຽນຜູ້ເຄາະຮ້າຍ, ແຈ້ງໃຫ້ຮູ້ການສະໜັບສະໜູນ ແລະ ສ້າງຄວາມເຂັ້ມແຂງໃຫ້ຜູ້ລອດຊີວິດ.



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Lifetime Spiral of Gender Violence



Translated versions of the Lifetime Spiral in Chinese, Farsi, Korean, Punjabi, Tagalog and Vietnamese available at api-gbv.org. January 2002. Revised 2010.

From the aborting of female fetuses to intimate homicide, girls and women may encounter numerous oppressions during infancy, childhood, adolescence, adulthood, and as elders. Some of these are confined to one stage in the lifecycle, some continue into subsequent stages. Domestic violence is just one amongst many forms of violence against women. It is about more than physical, sexual, economic and emotional battering; it is also about living in a climate of fear. The lives of abused Asian and Pacific Islander women are shadowed by the cultural burdens of shame and devaluation.

By enumerating types of violence over the lifecourse, the Lifetime Spiral implicitly locates a range of abusers in the lives of girls and women, revealing patterns of victimization and perpetration. The Lifetime Spiral is designed to be used by everyone to identify histories of violence in their own lives or in the lives of family and friends. By raising awareness about the historical nature of violence against women and girls, we can begin to diminish victim-blaming.

Gender violence is often experienced in the context of additional oppressions based on race, ethnicity, age, sexual orientation, gender identity, type of labor performed, level of education, class position, disability, and/or immigration or refugee status.



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