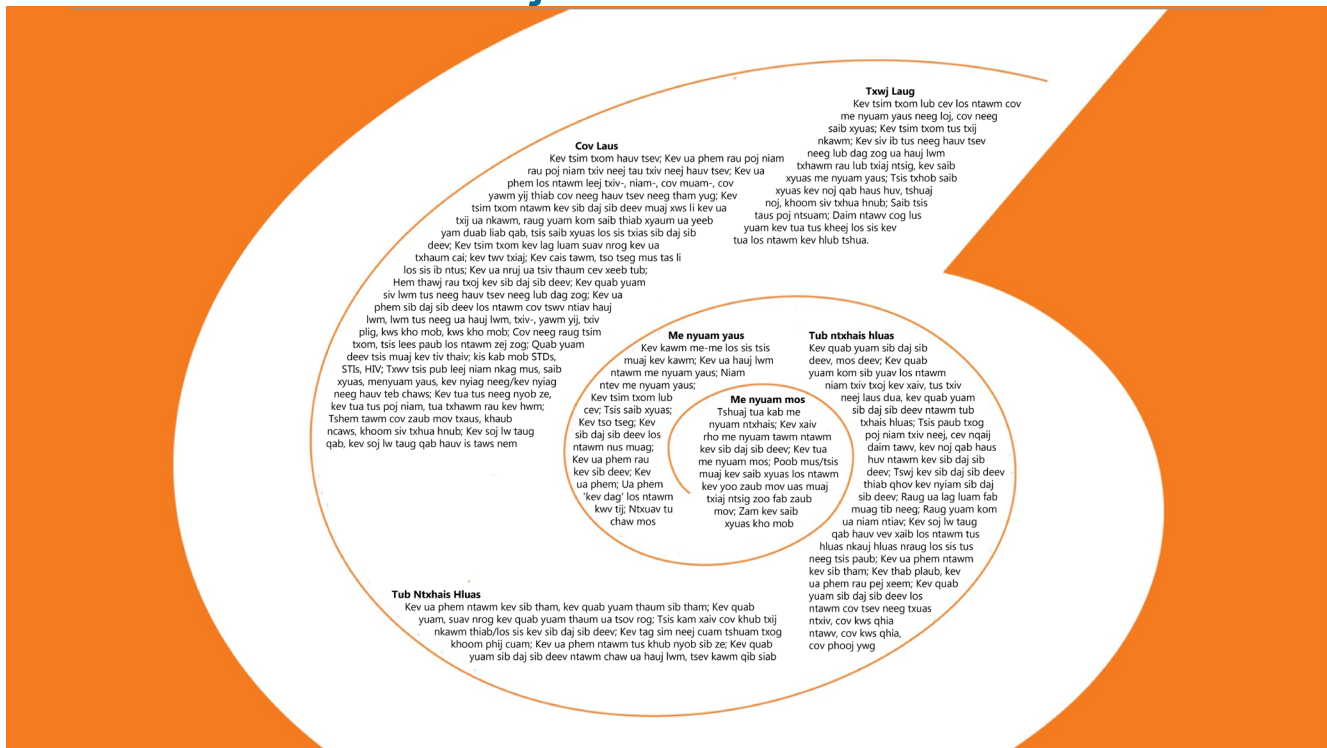


Lub neej muab kauv luam



Translated versions of the Lifetime Spiral in Chinese, Farsi, Korean, Punjabi, Tagalog and Vietnamese available at api-gbv.org. January 2002. Revised 2010.

Los ntawm kev rho me nyuam ntawm poj niam mus kom txog kev tua tus neeg nyob ze, cov ntshais thiab cov poj niam yuav ntsib ntau yam kev tsim txom thaum lub sijhawm me nyuam mos, thaum yau, hluas, cov hluas, laus, thiab cov laus. Ib txhia ntawm cov no yog nyob rau ib theem ntawm lawv lub neej voj voog, ib txhia yuav mus ntxiv rau cov kauj ruam tom ntej.

Lub Neej Uas Kauv Mus Los Nthuav Tawm Cov Qauv Ntawm Kev Raug Tsim Txom Los Ntawm Kev Suav Cov Hom Kev Ua Phem, qhov tsis zoo, thiab ua rau cov poj niam thiab cov ntshais raug mob. Nws kuj tseem qhia tau hais tias muaj cov neeg ua phem sib txawv nyob hauv lub neej. Ib tug pog tuaj yeem txwv tsis pub noj zaub mov zoo rau tus me nyuam mos, tus kwv tij tuaj yeem ua rau muaj kev sib daj sib deev, tus pov thawj tuaj yeem ua phem rau tus ntshais hluas, leej txiv tuaj yeem hais kom sib yuav, tus tub ntshais kawm qib siab tuaj yeem sib tham nrog tus phooj ywg hauv chav kawm, cov npoj yaig tuaj yeem koom nrog, kev thab plaub, tus txiv yuav ntaus thaum cev xeeb tub, tus yawm yij los sis tus niam tij niam ntawm yuav tsoj lw taug qab, tsev neeg tuaj yeem ntsiag to los sis txaj muag, zej zog yuav cuam tshuam cov neeg nyiam sib daj sib deev, tus qub hluas nraug yuav tua.

Ntxiv nrog rau kev tsim txom ntawm lub cev, kev sib daj sib deev, kev lag luam thiab kev xav; kev nruj kev tsiv yog hais txog kev ua neej nyob rau hauv kev ntshai, txaj muag, kev quab yuam, thiab kev tsis muaj nuj nqis. Feem ntau nws yog ntsib nyob rau hauv cov ntsiab lus ntawm kev tsim txom ntxiv raws li haiv neeg, haiv neeg, hnuab nyoog, kev nyiam kev sib daj sib deev, poj niam txiv neej, hom kev ua hauj lwm, qib kev kawm, chav kawm, kev xiam oob qhab, thiab kev nkag teb chaws los sis neeg tawg rog. Ua kom muaj kev paub txog keeb kwm ntawm kev ua phem ntawm poj niam txiv neej tawm tsam cov neeg raug tsim txom, qhia tawm tswv yim, thiab txhawb cov neeg muaj txoj sia nyob.

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ASIAN PACIFIC INSTITUTE
ON GENDER-BASED VIOLENCE



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Lifetime Spiral of Gender Violence



Translated versions of the Lifetime Spiral in Chinese, Farsi, Korean, Punjabi, Tagalog and Vietnamese available at api-gbv.org. January 2002. Revised 2010.

From the aborting of female fetuses to intimate homicide, girls and women may encounter numerous oppressions during infancy, childhood, adolescence, adulthood, and as elders. Some of these are confined to one stage in the lifecycle, some continue into subsequent stages. Domestic violence is just one amongst many forms of violence against women. It is about more than physical, sexual, economic and emotional battering; it is also about living in a climate of fear. The lives of abused Asian and Pacific Islander women are shadowed by the cultural burdens of shame and devaluation.

By enumerating types of violence over the lifecourse, the Lifetime Spiral implicitly locates a range of abusers in the lives of girls and women, revealing patterns of victimization and perpetration. The Lifetime Spiral is designed to be used by everyone to identify histories of violence in their own lives or in the lives of family and friends. By raising awareness about the historical nature of violence against women and girls, we can begin to diminish victim-blaming.

Gender violence is often experienced in the context of additional oppressions based on race, ethnicity, age, sexual orientation, gender identity, type of labor performed, level of education, class position, disability, and/or immigration or refugee status.



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