



**Trauma-informed Empowerment for AAPI  
Resiliency through Services (TEARS)  
in the time of COVID-19**

**Aug 27, 2020**

Presented by:

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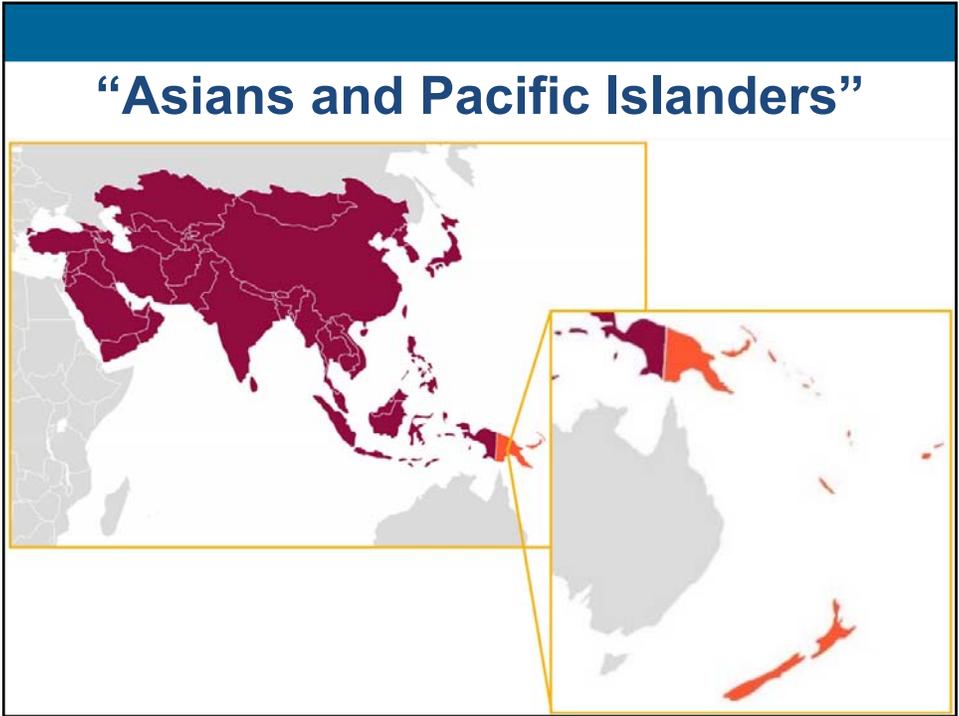
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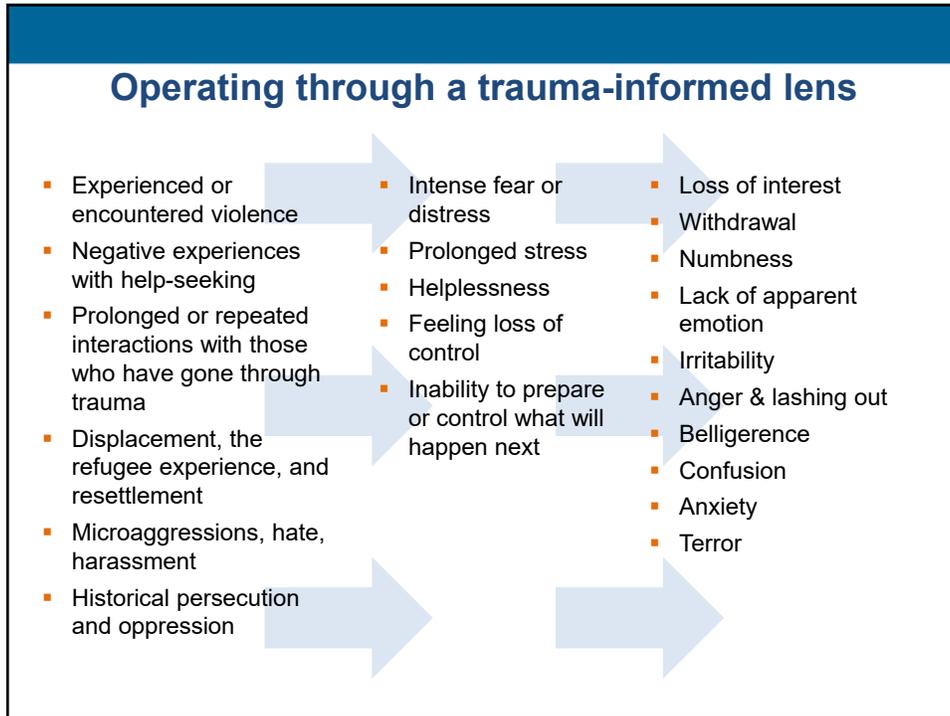
Asian Pacific Institute on Gender-Based Violence

## Agenda

- Introduction: Trauma and API communities
- Legal challenges & trauma
- Trauma-informed care in shelter
- Culture and the cultural community
- Q&A

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## DOMESTIC VIOLENCE

### Legal Challenges & Trauma

Dr. Nusrat Ameen, Senior Director, Daya Inc.



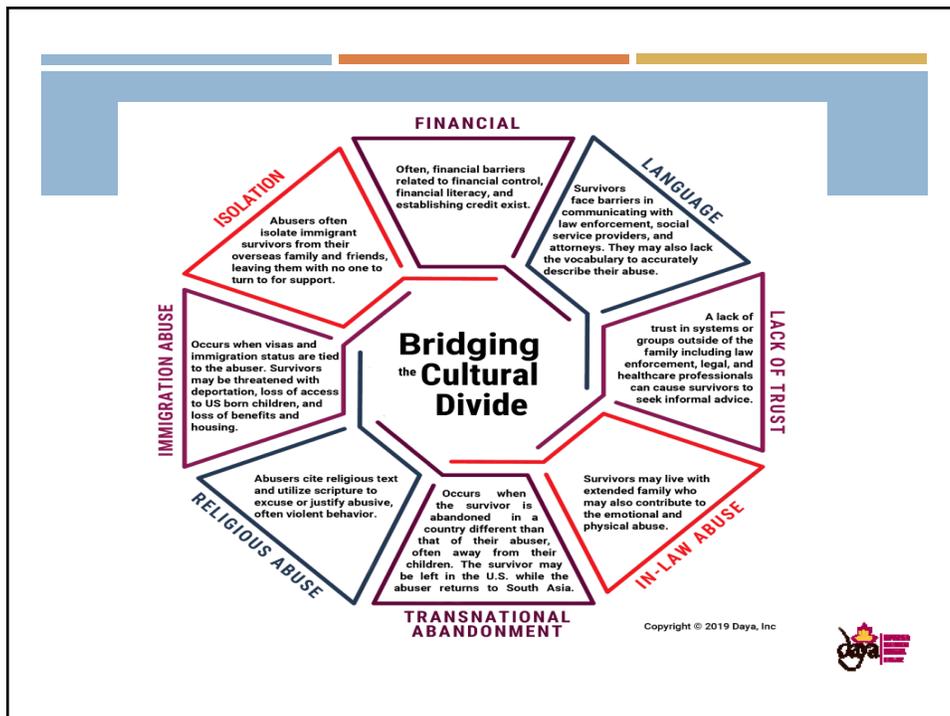
EMPOWERING  
SOUTH ASIAN  
SURVIVORS  
OF ABUSE

Provide culturally specific services to South Asian survivors of abuse  
Confidential helpline  
Crisis intervention, case management & individual counseling  
Supportive Housing Program  
Legal advocacy on immigration and family law  
Education & outreach

Countries of Origin



# WHO WE ARE





# COVID-19 CHALLENGES



## COVID-19 Challenges and Vulnerabilities

- Survivors trapped at home with abusers
- Access to services
- Lack of basic needs
- Access to relief funding
- Impact on mainstream systems: shelter, police, courts





# TECH-ENABLED ABUSE



## HOW CAN WE STOP TECH-ENABLED ABUSE?

- Recognize role of technology in abuse
- Incorporate technology into safety planning with victim
- Be proactive – you don't have to be a techie to enable protection or help someone





## RACIAL JUSTICE & INTERSECTION OF DOMESTIC VIOLENCE



### Impact on Law Enforcement & Judges

#### 2018 ACLU and NIWAP survey

- More than **69%** of police officers said domestic violence crimes have become harder to investigate.
- **54%** of judges reported **court cases** were interrupted due to an immigrant crime survivor's **fear** of coming to court.
- **82%** of prosecutors reported that since Jan 2017, domestic violence is now **underreported** and **harder to investigate** and/or **prosecute**.



## National Victim Advocate Survey



"IMMIGRANT SURVIVORS FEEL THAT DUE TO THEIR LACK OF LEGAL STATUS, THE JUSTICE SYSTEM IS NOT LISTENING TO THEIR SIDE OF THE STORY COMPARED TO THE PERPETRATORS WHO MOST OF THE TIME ARE (U.S.) CITIZENS. IMMIGRANT SURVIVORS ALSO FEAR THAT THE JUDGE OR POLICE MAY LOOK AT THEM AS CRIMINALS AND NOT CAPABLE OF SUPPORTING THEIR KIDS JUST BECAUSE THEY LACK A LEGAL STATUS."

"THE BIGGEST CONCERN WOMEN CLIENTS HAVE IS BEING SEPARATED FROM THEIR CHILDREN; THEY (WOULD) RATHER WITHDRAW THEIR COURT CASES OUT OF FEAR OF BEING ARRESTED AND THEN PLACED IN REMOVAL PROCEEDINGS."



## Immigration Status & Vulnerabilities

- Nearly 75% of abused undocumented women in one survey said that their spouse had never filed immigration papers for them
- Abuse rates in marriages between U.S. citizens and immigrant women may be 3X higher than in the general U.S. population





## Complex Challenges & Intersections

- Complicated relationship between law enforcement and domestic violence
- Unrealistic expectations (negative or positive with law enforcement and legal systems)
- The role of advocates
- Exploring healing and justice

## Daya's Perspective on Healing Justice

- What does the client want? (Justice-first mindset)
- Navigating through the criminal justice and legal process
- Expectation management
- Mental health as the primary tool for healing
- Advocacy to improve law enforcement and legal remedies for survivors



## How Can You Help?

- Listen and be non-judgmental
- Respect a survivor's definition and path to justice
- Learn to separate the ideal from the reality

**THANK YOU!**



**Questions?**

Confidential helpline: 713-981-7645  
[www.dayahouston.org](http://www.dayahouston.org)

 facebook.com/daya.houston  
 @DayaHouston  
 @DayaHouston



**Trauma-informed Empowerment for AAPI Resiliency through Services (TEARS) in the time of COVID-19- an overview of CPAF Shelter Programs**

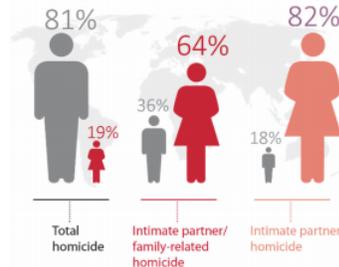
*Presented by Patima Komolamit, CPAF Shelter Program Director*



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## WHY WE NEED SHELTERS FOR DOMESTIC VIOLENCE SURVIVORS?

Although women and girls account for a far smaller share of victims of homicide in general than men, they bear by far the greatest burden of intimate partner/family-related homicide, and intimate partner homicide.



\*Global Study on Homicide, Executive Summary, 2017, by United Nations Office on Drugs & Crime,



## COVID-19 ARRIVES:

**The Guardian, March 28, 2020: Lockdowns around the world bring rise in domestic violence**

**THE INTERPRETER: THE NEW YORK TIMES, APRIL 6, 2020**  
*A New Covid-19 Crisis: Domestic Abuse Rises Worldwide*

US National Library of Medicine National Institute of Health, April 22, 2020: *The pandemic paradox: The consequences of COVID-19 on domestic violence*

Psychology Today, May 9, 2020: *Why the Increase in Domestic Violence During COVID-19?*

Council on Foreign Relations, May 13, 2020: *A Double Pandemic: Domestic Violence in the Age of COVID-19*

United Nations, June 12, 2020: *UN supporting 'trapped' domestic violence victims during COVID-19 pandemic*

Human Rights Watch: July 3, 2020  
*Women Face Rising Risk of Violence During COVID-19*

**Center for American Progress, August 10, 2020: Ensuring Domestic Violence Survivors' Safety**  
*The Need for Enhanced Structural Supports During and After the Coronavirus Pandemic*



# CPAF's EMERGENCY & TRANSITIONAL SHELTER



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*Shelter Services & Programs focus on:*



Recovery  
Hope  
Cultural Competency  
Resiliency  
Safety  
Empowerment



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## Guidance and Procedures for Covid-19 for CPAF Shelter Sites

The screenshot shows a website with a header 'HOMELESS SERVICES' and several resource cards:

- Homeless Service Agencies** (Revised 07/27/20)
- Homeless Services: Testing Priorities**
- Homeless Shelters** (Guidance, Assessment Tool, Infection Basics) (Revised 07/27/20)
- Homeless Shelter Poster** (English, Arabic, Spanish, Vietnamese, Tagalog, etc.) (Revised 03/04/20)
- Homeless Pocket Cards** (English, Arabic, Spanish, Vietnamese, Tagalog, etc.) (Revised 07/27/20)
- Guidelines for Proper Grouping of Residents** (Revised 04/26/20)

Below the cards is a 'Coronavirus Disease 2019 (COVID-19)' section with a navigation menu and a main heading 'COVID-19 Guidance for Shared or Congregate Housing' (Revised 07/27/20). A table of contents is visible:

On This Page	
Plan and Prepare	Communicate to staff and residents
Emergency operations plans	Contingencies for common spaces in your facility, to prevent the spread of COVID-19
Key resources: emergency operations plans	Considerations for specific communal rooms in your facility
Planning strategies	If a resident in your facility has COVID-19 (suspected or confirmed)
To maintain safe operations	Accepting new residents at facilities that offer support services
Encourage staff and residents to prepare and take action to protect themselves and others	


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## Emergency Shelter

- Rest period
- Communal Living
- Women & Children's Programs
- Other supportive Services, such as basic needs
- Case Management
- Advocacy
- Accompaniment
- Transition/Relocation
- Expectation of residents





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## Transitional Shelters

- Apartment Style Suites
- Women & Children's Programs
- Education Assistance Program
- Rental Assistance Program



- Case Management
- Advocacy
- Accompaniment
- Transition/Relocation
- Post-residential services



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## THANK YOU!!

*CPAF*

*24x7 Crisis Hotline: 1-800-339-3940*

*[www.nurturingchange.org](http://www.nurturingchange.org)*



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## Trauma-informed Empowerment for AAPI Resiliency through Services (TEARS) in the time of COVID-19

Presented by Natchawi Wadman, MSW  
Community Program Director  
Center for the Pacific Asian Family



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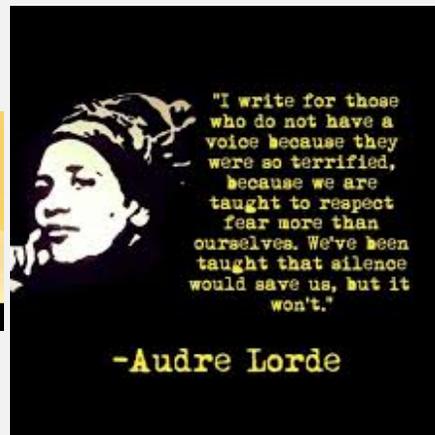
**There is no thing as a  
single-issue struggle  
because we do not live  
single-issue lives.**

**-Audre Lorde**

[www.quoteslyfe.com](http://www.quoteslyfe.com)



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## Content

- Community Need Assessment
- Overarching themes
- Risk Factors
- Protective Factors to be strengthened



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## Community Need Assessment

### Objective:

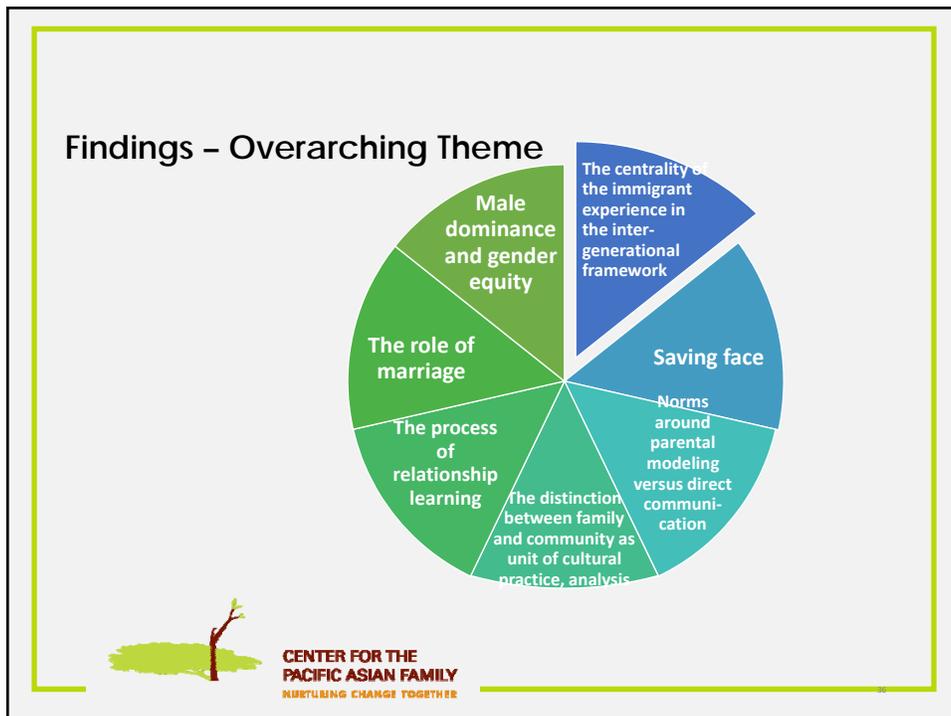
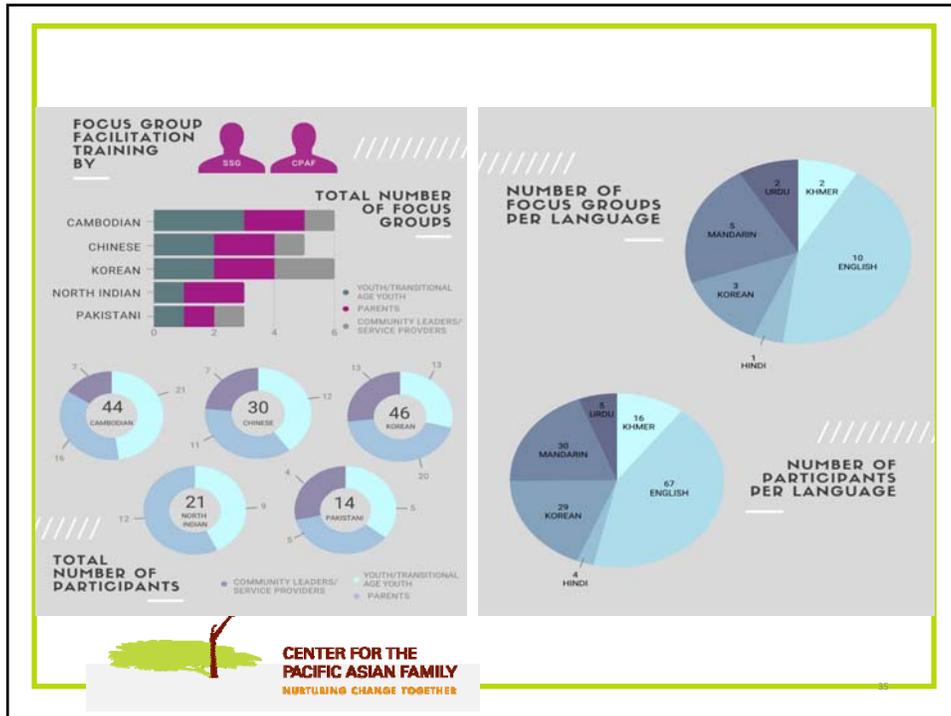
Execute a culturally and linguistically appropriate community assessment process that explores two-generation prevention solutions, risk and protective factors in API community, gender norms, role of culture, promising engagement strategies, effective evaluation outcomes and measures, and updating parenting curriculum.

### Needs Assessment in 5 Asian/South Asian communities in the Greater Los Angeles Area

- Cambodian
- Chinese
- Korean
- North Indian Hindu
- Pakistani Muslim



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## Overarching Theme: Cultural Dynamics

### Culture vs. cultural community

"Traditional" vs. "American"  
Community experience vs. culture

### The role of marriage

### Gender roles



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## Overarching Theme: Domestic Violence

### Attitudes & Perceptions

- Not for me to judge
- Control, domination
- Subtle



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## Overarching Theme: Family Dynamics

### Communication

- Indirect communication about sensitive issues, intimate relationships

### Youth/children observe parental modeling of relationships

- In lieu of direct communication, children observe

### Parents involved in children's relationships

- Arranged relationships, family stature



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## Overarching Theme: Relationship Dynamics

### Healthy/unhealthy attributes

- Trust, team, showing respect, extended family, balanced, communicating

"I never understood the idea of like, my friends always telling me like, 'Oh being in a relationship is so great because you get to spend every single minute together.' Like, how do you get to be your own person at all?"

### Relationship learning

- Parents want a more direct teaching process, difficult to overcome barriers of stigma
- Parents reflect on how they were raised, blend to accommodate new context



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## Risk Factors

### Patriarchal Norms

"Men are supposed to be dominant, and women are supposed to be under. him"

### Saving face

"Domestic issues are within the home. You don't want to involve outside... even if they're being socially connected through church or friends, it's within the family unit."

### External stressors

### Individual character



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## Strengthening Factors

### Importance of strong female presence in household for attitudes on gender equity

#### Connection

"I think a good relationship are two people who can depend on each other, who can trust each other, who can work well together, basically a good team."

#### Empathy

"I think, in a relationship, you should be working mainly for the other person and that's where your mindset should be, because if both people looking to support each other then it becomes a healthy relationship. But you also have to be open to communication to try your best to understand the other side. And that's what makes a relationship."



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## What does this all mean during COVID-19?



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Facebook: @CPAForG  
Instagram: CPAForG



### DOMESTIC & SEXUAL VIOLENCE ADVOCATE

**SELF-GUIDED TRAINING MODULES**  
Pre-recorded presentations, activities, resources, and reflection questions available from Sept 14 - Nov 15

**ZOOM WEBINAR TRAINING MODULES**  
Weekly webinars on Fridays from 9am - 12:30pm  
Sept 18, 25, Oct 2, 9, 16, 23, 30, Nov 6, 13

**DROP-IN DISCUSSION SESSIONS (OPTIONAL)**  
Brown-bag lunch discussion on Zoom Tuesdays from 12:00 - 1:00pm  
Sept 22, 29, Oct 6, 13, 20, 27, Nov 3, 10

## ONLINE TRAINING



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## Resources

[Bridging the cultural divide: Daya's cultural wheel](#)

Safety planning videos (Daya, Inc.)

- [What to expect – Fleeing Domestic Violence: in English & Hindi/Urdu](#)
- [Safety planning in the time of COVID-19](#)

[Creating Accessible, Culturally Relevant, Domestic Violence and Trauma-informed Agencies: A Self Reflection Tool](#) (Accessing Safety and Recovery Institute)

[Special Collection: Trauma-Informed Domestic Violence Services](#)  
(NCDVTMH and VAWnet)